The St. Andrews Journey

November 2026

A publication of the St. Andrews Retirement Community

In our community, every resident brings something different to the table.





Celebrate Veterans Day with us on November 11th!

Reminder

Election Day is Nov. 3rd!







Candy Prep for the City of Richmond's Halloween HoeDown

I hope you didn't miss this!

McCready Manor residents got together and had a blast prepping candy bags for their booth at the annual Halloween Hoedown. If you missed it this year, make it to the next!









EKU SAAC visited Telford Terrace!









Telford Employee Apreciation







The McCready Manor Lunch Bunch is a fun and friendly group that enjoys getting together each week to explore different local restaurants. It's a wonderful opportunity to enjoy delicious food, share lots of laughs, make new friends, and experience new places together. Each week brings a new restaurant, great company, and another special memory to make!

St. Andrews Bulletin Board

Telford Terrace
Employee of the Month



McCready Manor
Employee of the Month



David Combs

Martina Roberts Salon Stylist

- Ph: (859) 625 - 1443
- Men & Women
- Haircuts, shaving, coloring, perming, waxing, and styling





Ron Ginter -Army Reserves
Doug Campbell - Navy
Al Weaver - Navy
Bob Berryman - Airforce
Tom Cochrane - Army
Don Lathrop - Airforce
Clifford Murphy - National Guard
Allen Ault - Army
Jim Reams - Airforce
Truman Fields - Navy
Ed Chenault - Army & National Guard
Lou Kasitz Army & National Guard
Dorlan Grimes - Airforce
Barry Turner - Army
Paul Hager - Army
Bill Ramsey - Army

St. Andrews Retirement Community Donors

- First Baptist Church
- Ken & Lisa Bicknell
- Louis & Mary Elizabeth Berman



Happy Birthday!



McCready Residents

[redacted]

McCready Staff

[redacted]

Telford Residents

[redacted]

Telford Staff

[redacted]

Condo Birthdays

[redacted]

Mary Paul Haglage - 11/19

[redacted]

Deepest Sympathies

To the family of

Martha Wells
Laverne Purdy
Billy Grubbs
Carole Mobley



Interview at McCready Manor with

Wanda Whittacker



Wanda is a devout Christian lady, who loves to hear, study, and share God's word. She keeps Bible beside her couch and recliner. Since early childhood, attending church has been important to her.

She is a lifelong resident of Madison County. Wanda was the only child of Killis and Dora McCreary Lowery of Silver Creek. As an only child, she spent lots of time entertaining herself. She liked to take walks and ride a bicycle. Girls from the neighborhood would often ride with Wanda. Wanda would also work on the family farm. She remembers many hours spent worming and suckering tobacco. She would also pick up leaves that fell from the tobacco plants. Her daddy would let her keep the plants, which she would sell to earn a little spending money.

When Wanda was a child, the family attended two churches, a Baptist Church and a Christian Church that met on alternating Sundays. The churches were pastored respectively by Harold Bracher and Brother Summers. Later the two churches merged and became the Newby Church where Wanda had her membership. She now attends Unity Baptist Church. She and Myrtle King counted the offering there for many years.

Wanda began school at Ruthon, a little one-room school with about 18 or 20 children. It closed after Wanda's second year. The school was very close to the farm, so her father bought the building. Wanda went to school in Newby from the 3rd to the 6th grade. She attended Madison Central from the 7th grade until she graduated in 1956. She enjoyed school very much.

Wanda married her wonderful husband, Allen Zachariah Whittaker (Sonny) in 1957, and this very successful marriage lasted for 59 years, until Sonny's death from cancer in 2016.

When the Whittakers first married, they lived and worked on a farm. After farming, Sonny ran a gas station before he went to work at Thomas Furniture. His last job was at Begley Drugs, where he was a foreman for warehouse drugs.

Wanda was a stay-at-home mom until her younger child went to school. Her first job was in the kitchen at Kit Carson Elementary. When the secretary's position became available, Wanda applied and got the job. She enjoyed the job so much that she stayed for 32 years. Today, when she is out, she often sees people from the school and is introduced to others as "The lady who ran the school."

Wanda was also Pink Lady at Patti A. Clay Hospital for many years. After she retired, she worked at Baptist Health as a volunteer.

Cheryl, Wanda's older daughter, attended Madison Central, and got a Bachelor of Science degree from EKU. She also earned a master's degree from Xavier. She was a Deputy Warden at Ross Correction Institute in Chillicothe, Ohio. She died of a brain aneurysm at the age of 47.

Wanda's younger daughter, Charlotte also attended Madison Central. She is a lover of animals and especially dogs. She attended EKU and Nash Academy. She became self-employed and ran the Whittaker Distributing Company in Lexington. Later, she opened The Grooming Studio in Richmond.

Charlotte visits her mom often and usually takes her out to eat twice a week.

Wanda has always liked to exercise and still does. She and Sonny exercised together and spent time together walking on the EKU campus.

Wanda and Sonny enjoyed traveling throughout the states. They went to Florida twice and went to Disneyland. They went to the Grand Ole Opry, Dollywood, and Gatlinburg in Tennessee several times.

Wanda was remarried in 2017 to Sonny's brother-in-law, Frank Rogers. The two couples had been very close friends during their first marriages. Frank and Wanda were married for 7 years, before his death. Wanda was discharged from Telford for rehab the same day that Frank died.

Wanda moved into McCready 5 months ago. She enjoys being here very much. She gets the care she needs, does not have to cook, and she enjoys the staff and residents. She likes activities, especially games, concerts, and parties.

Wanda is a ray of sunshine and a wonderful example for others. God bless you!

– *Betty Herald*

A DOLLAR FOR YOUR THOUGHTS

"And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him." - Colossians 3:17

November 6th will mark one year since my family lost my dad. It hasn't been an easy year, but it has been a year of seeing the power of God work in our lives. Our family has been resilient in our adjustment, but the loss is still heavy.

Most folks need support and assistance as part of the aging process. Our Richmond and Madison County community is so fortunate to have a Gold Standard for independent living, assisted living, and nursing home care. Our facilities are wonderful and have provided an opportunity for so many to live and thrive over the last several decades. Now we need to renovate and upgrade for our families.

We are working to raise $500,000 to support McCready and Telford in projects such as Telford room transformations, McCready flooring replacement, and a resurfaced parking area for both McCready and Telford to name a few. For more information about the needs please visit our newly upgraded McCready-Telford Foundation website.

www.standrewsplace.org/foundation

As we approach the end of year and the campaign for "End of Year Giving," as well as the initiative known as "Giving Tuesday," between now and December 1, 2026, I encourage considering the McCready-Telford Foundation to be a worthy non-profit option of your generosity.

Please visit our website by using the QR code at the top of the page to learn more about the McCready-Telford Foundation. On our website, we have an online giving capability, and the option for folks to make reoccurring donations

To donate by check, please mail to:
McCready-Telford Foundation, Inc.
C/O Ken Bicknell, Director
300 Stocker Drive
Richmond, KY 40475
www.standrewsplace.org/foundation

By: Ken Bicknell
McCready-Telford Foundation
Executive Director



Telford Terrace led a Trash Pick Up Fundraiser to help make a positive change in our environromnemet. Thank you to Janet Coyle and Sue Chenault for joining in and helping!

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